



Northern Lights Gymnastics

Preschool Gymnastics Schedule

Session 4 - Mon March 2, 2026 - Sat April 18, 2026

REGISTRATION OPENS Feb 16th @ 12:01am



Monday	Tuesday	Wednesday
No programs on Monday Mornings	Tuesday 9:15-10:00 Shadow 9:15-10:00 HardCore PK! w/ Coach John 10:15-11:00 3,4,5 years 11:15-12:00 3,4,5 years 12:00-1:00 OPEN GYM all ages! 1:15-2:00 3,4,5 years 2:15-3:00 3,4,5 years 2:15-3:00 Homeschool 6-10	Wednesday 9:15-10:00 Shadow 9:15-10:00 3,4,5 years 10:15-11:00 Shadow 11:15-12:00 3,4,5 Years 12:15-1:00 3,4,5 years 1:15-2:00 3,4,5 Years 2:00-3:00 OPEN GYM All ages!
Thursday	Friday	Saturday
9:15-10:00 Shadow 9:15-10:00 3,4,5 Years 10:15-11:00 3,4,5 Years 11:15-12:00 3,4,5 Years 11:15-12:00 Shadow 12:00-1:00 OPEN GYM all ages! 1:15-2:00 3,4,5 years 1:15-2:00 Shadow 2:15-3:00 3,4,5 Years	9:15-10:00 Shadow 9:15-10:00 3,4,5 years 10:15-11:00 Shadow 10:15-11:00 3,4,5 Years 11:15-12:00 3,4,5 Years 12:15-1:00 3,4,5 years 1:15-2:00 3,4,5 years 1:15-2:00 Homeschool 6-10 2:00-3:00 Open Gym All ages!	8:45-9:45 Open Gym Ages 5 & Under

Class Costs; 7 week session \$175 (Me & My Shadow \$154)

Must be age eligible on the first day of session to enroll. Classes may be canceled due to insufficient sign ups.

Me & My Shadow - 18m - 3 years. Caregiver accompanied class.

3,4,5 Classes- Independent from parent. (Large classes may be split into 2 groups based on age/ability level)

****NEW - HardCore PK w/ Coach John** - 3-5 Year Olds - recommended for students who have previously enrolled in an NLG gymnastics class. Students will work on additional strength and skills!

Open Gyms Drop in! \$15 Cash/Check. No pre-registration required. Caregiver must accompany student during open gyms. **Tues/Wed/Thurs/Fri** - All ages concurrently! **Sat**; Ages 5 & Under

Cash/check payments preferred - Get a \$10 discount when paying via cash/check! Please mail in or drop off cash/check payments to the office. \$20 Registration Fee applied annually to all students. Payment is required in full upon the first class.

To Register for classes visit <https://app.iClassPro.com/portal/northernlights>

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