



Northern Lights Gymnastics Recreational Gymnastics Schedule

Session 3 - January 2 - February 17, 2024 - 7 weeks



REGISTRATION BEGINS DECEMBER 11, 2023

Mondays No class 1/1	Girls	3:30-4:25 4:30-5:35 4:30-5:35	5-8 Year Olds 5-7 Year Olds 7-8 (**intermediate class)
Tuesdays	Boys	3:30-4:25 4:30-5:25	5&6 Year Olds 8+ Year olds
	Girls	3:30-4:25 4:30-5:25	5-7 year olds 8+ year olds
Wednesday	Girls	2:30-3:25 3:30-4:25 3:30-4:25	ALL AGES 5+ 5-7 Year Olds 8+ (**Intermediate Class)
	Boys	2:30-3:25 3:30-4:25 4:30-5:25	5-6 Year Olds 7+ Year Olds 5-6 Year Olds
Thursday	Girls	3:30-4:25 3:30-4:25 4:30-5:25	5-7 Year Olds 7-8 (**intermediate Class) 8+ Year Olds
Friday	Girls	3:30-4:25 4:30-5:25	ALL AGES 5+ 6-7 (**Intermediate Class)
	Boys	3:30-4:25	5-8 Year Olds
	OPEN GYM	7:30-8:30	Ages 13+ (\$15 cash/check ONLY)
Saturday	Girls	10:00-10:55 11:00-11:55	ALL AGES 5+ 5-8 Year Olds
	Tumbling&Trampoline Co-ed	10:00-10:55 11:00-11:55	5-6 Year Olds 7+ Year Olds

Class Price \$168/session (Mon) \$196/session (Tues-Sat)

Predetermined make-up day is Saturday Feb 10th 2:30-3:25

Must pre-register on iclass portal

OPEN GYM - Ages 13+, no preregistration required, all participants must create an iclass account. Payment \$15 cash or check ONLY

All classes are open to all ability levels unless otherwise stated as **intermediate. For classes with large age ranges, all enrollments will be compiled and students will be broken into equal sized groups based on age.

****intermediate classes**- students should have mastered the basic gymnastics skills; handstand, cartwheel, pullover on bars and be comfortable on the high beams.

\$20 Registration Fee applied annually to all students. Payment is required in full upon the first class. Cash/check payments preferred, all credit card payments will incur \$10 fee. E-checking will not incur a fee.

To Register for classes visit <https://app.iclasspro.com/portal/northernlights>

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