



# Northern Lights Gymnastics Recreational Gymnastics Schedule



Session 5 - April 29 - June 15, 2024 - 7 weeks  
(no class Monday May 27 - Memorial Day)

REGISTRATION BEGINS April 15th, 2024

<b>Mondays</b> No class May 27	Girls	3:30-4:25 4:30-5:35 4:30-5:35	5-8 Year Olds 5-8 Year Olds 7-8 (**intermediate class)
<b>Tuesdays</b>	Girls	3:30-4:25 4:30-5:25	5-7 year olds 8+ year olds
<b>Wednesday</b>	Girls	2:30-3:25 3:30-4:25 3:30-4:25 4:30-5:25	5-8 Year Olds 5-7 Year Olds 8+ (**Intermediate Class) 5-6 year olds
	Boys	2:30-3:25 3:30-4:25	5-7 Year Olds 8+ Year Olds
<b>Thursday</b>	Girls	3:30-4:25 3:30-4:25 4:30-5:25	5-7 Year Olds 7-8 (**intermediate Class) 8+ Year Olds
<b>Friday</b>	Girls	3:30-4:25 4:30-5:25	ALL AGES 5+ 6-7 (**Intermediate Class)
	Boys	3:30-4:25	5-9 Year Olds
	OPEN GYM	7:30-8:30	Ages 13+ (\$15 cash/check ONLY)
<b>Saturday</b>	Girls	10:00-10:55 11:00-11:55	7+ Year Olds 5-8 Year Olds
	Tumbling&Trampoline Co-ed	10:00-10:55 11:00-11:55	5-6 Year Olds 7+ Year Olds

**Class Price \$168/session (Mon) \$196/session (Tues-Sat)**

Predetermined make-up day is Saturday June 15th 2:30-3:25

*Must pre-register on iclass portal*

**OPEN GYM** - Ages 13+, no preregistration required, all participants must create an iclass account. Payment \$15 cash or check ONLY

All classes are open to all ability levels unless otherwise stated as \*\*intermediate. For classes with large age ranges, all enrollments will be compiled and students will be broken into equal sized groups based on age.

**\*\*intermediate classes**- students should have mastered the basic gymnastics skills; working on bridge kickovers, round-offs, and back hip circle on bars.

\$20 Registration Fee applied annually to all students. Payment is required in full upon the first class. Cash/check payments preferred, all credit card payments will incur \$10 fee. E-checking will not incur a fee.

To Register for classes visit <https://app.iclasspro.com/portal/northernlights>

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