



# Northern Lights Gymnastics Recreational Gymnastics Schedule



Session 1 - Wed Sept 4, 2024 - Sat Oct 26, 2024- 8 weeks

REGISTRATION BEGINS AUGUST 19, 2024

<b>Mondays</b>	Girls	3:00-3:55 4:00-4:55	5-7 Year Olds 6-8 Year Olds
<b>Tuesdays</b>	Boys	3:30-4:25 4:30-5:25	5-7 Year Olds 8+ Year olds
<b>Wednesday</b>	Girls	2:30-3:25 3:30-4:25 3:30-4:25 4:30-5:25	ALL AGES 5+ Year Olds 5-8 Year Olds 6-7 Year Old (**Intermediate Class) 5-7 Year Olds
	Boys	2:30-3:25 3:30-4:25	5-7 Year Olds 7+ Year Olds
<b>Thursday</b>	Girls	3:30-4:25 4:30-5:25	5-7 Year Olds 7+ Year Olds
<b>Friday</b>	Girls	3:30-4:25 4:30-5:25	5-8 Year Olds 9+ Year Olds
	Boys	3:30-4:25	6-8 Year Olds
	OPEN GYM	7:00-8:00pm	Ages 13+ (\$15 cash/check ONLY)
<b>Saturday</b>	Girls	10:00-10:55am	7-12 Year Olds **Intermediate Class

**Class Price \$240/session (Wed-Sat) \$210/session (Mondays & Tuesdays)**

Pre-determined make-up day is Saturday Oct 26th 1:30-2:25

Must pre-register on iclass portal

**OPEN GYM** - Ages 13+, no preregistration required, all participants must create an iclass account. Payment \$15 cash or check ONLY

*All classes are open to all ability levels unless otherwise stated as \*\*intermediate. For classes with large age ranges, all enrollments will be compiled and students will be broken into equal sized groups based on age.*

**\*\*intermediate classes**- students should have an understanding of basic gymnastics skills; cartwheel, bridge-kickover, pullover on bars and be comfortable on the high beams.

\$20 Registration Fee applied annually to all students. Payment is required in full upon the first class.

**\*\*NEW** - Cash/check payments preferred - Get a \$10 discount when paying via cash/check! Please mail in or drop off cash/check payments to the office.

To Register for classes visit <https://app.iclasspro.com/portal/northernlights>

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