



Northern Lights Gymnastics

Recreational Gymnastics Schedule

Session 2 - Mon Oct 25, 2026 - Sat Dec 19, 2026- 8 weeks



REGISTRATION OPENS October 13, 2026 @ 12:01am

Mondays \$240/session	Girls	3:30-4:25	All Level 7-9 Year Olds
	Boys	4:30-5:25	All Level 8+ Year olds
Tuesdays \$240/session	Girls	2:15-3:00 3:30-4:25 4:30-6:00	Homeschool ages 6-10 All Level 7&8 Year Olds All Level 9+ Year Olds **90 Min
Wednesday No Class Nov 25 \$210/session 90min class \$280/session	Girls	1:15-2:00 3:00-3:55 3:00-4:25	Homeschool ages 6-10 All Level - ALL AGES 5+ (split by age/ability) Intermediate Class (90 min) Ages 7-9
	Boys	3:00-3:55	All Level 5-7 Year Olds
Thursday No Class Nov 26 \$210/session 90min class \$280/session	Girls	3:30-4:25 4:30-6:00	*Beginner 5-7 Year Olds Intermediate Level (90 min) Ages 6-7
	Girls	3:30 - 4:25 4:30 - 5:30	All Level 6&7 Year Olds All Level 8+ Year Olds
Friday No Class Nov 27 \$210/session 90min class \$280/session	Girls	3:30 - 4:25 4:30 - 5:30	All Level 6&7 Year Olds All Level 8+ Year Olds
	OPEN GYM	7:30-8:30pm	Ages 13+ (\$15 cash/check ONLY)
Saturday No Class Nov 28 \$210/session 90min class \$280/session	Girls	10:00-10:55am 10:00-11:30am	All Level 5-7 Year Olds *Intermediate Level - All ages 6+

OPEN GYM - Ages 13+, no preregistration required, all participants must create an iclass account. Payment \$15 cash or check ONLY

All Level Classes - for any ability level, coaches will work to individually challenge each gymnast based on their skill level.

****homeschool** - ages 6-10 class 45min \$200/session (class concurrent with preschool classes)

****beginner classes** - first time recreational gymnasts & those working on mastering rolls and handstands, and getting comfortable with the highbeams.

****intermediate classes** - students should have an understanding of basic gymnastics skills; cartwheel, bridge-kickover, pullover on bars and be comfortable on the high beams.

\$20 Registration Fee applied annually to all students. Tuition is paid by the session and is required in full upon the first class.

Cash/check payments preferred - Get a \$10 tuition discount when paying via cash/check!

Please mail in or drop off cash/check payments to the office.

To Register for classes visit <https://app.iclasspro.com/portal/northernlights>

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