



# Northern Lights Gymnastics

## PRETEAM CAMP

June-Aug (6/19/23 - 8/18/23) 8 weeks  
NO CAMP JULY 3-7



### **TUESDAYS/THURSDAYS 1:30-3:00**

#### AGES 5+

- For gymnasts interested in our Pre-Team Program in the Fall.
- Twice weekly practices; Tuesday & Thursday 1:30-3:00
- Recommended for gymnasts who can do a bridge kickover and pullover on bars independently
- This program will have a focus on strength, flexibility and artistry
- Fall Pre-Team will be selected at the end of the summer
- If you questions about this program being appropriate for your child please email [northernlightsgymnasticsvt@gmail.com](mailto:northernlightsgymnasticsvt@gmail.com)

#### How to register?

- Visit our iclass portal to register
- <https://app.iclasspro.com/portal/northernlights>
- Registration opens May 1st
- Students enroll by the week - \$60/week

#### Attending our Summer Camp?

- We offer prorated Extended Day Camp 1pm-4pm for preteam campers!
- Email [northernlightsgymnasticsvt.com](mailto:northernlightsgymnasticsvt.com) to coordinate enrollment
- +\$15/day

*Camp tuition balances are due on the first day of the camp enrollment week; cash/check preferred. If paying by credit card a \$10 fee will be added to each week of enrollment. Pay with cash or check/e-check for no fee.*