



Northern Lights Gymnastics PRETEAM PRACTICES/TRYOUTS



June-Aug (6/18/25 - 8/21/25)
Closed June 30-July 4

WEDNESDAYS & THURSDAYS 4:00-5:30

AGES 5-10

- For gymnasts interested in our Pre-Team Program in the Fall, and current preteam members
- Twice weekly practices; Wednesday & Thursdays 4:00-5:30 (enrollment is for both days - can not split up)
- Required skills; **bridge kickover and pullover on bars independently**
- This program will have a focus on strength, flexibility and artistry
- Fall Pre-Team will be selected at the end of the summer (limited spots available)
- If you questions about this program being appropriate for your child please email northernlightsgymnasticsvt@gmail.com

How to register?

- Visit our iclass portal to register
- <https://app.iclasspro.com/portal/northernlights>
- Registration opens June 1st
- Students enroll by the week - \$70/week

Coming to summer camp?

- Extended summer camp ends at 4:00pm; if your child will be attending summer camp AND pre-team practices, they are welcome to go straight from summer camp to Preteam practice.

Tuition balances are due on the first day of the camp enrollment week; cash/check preferred.

Cancellation Policy; Cancel 1 week prior to your scheduled practices and a refund in the form of account credit will be given