



# Northern Lights Gymnastics Preschool Gymnastics Schedule



Session 5 - Tues April 28 - Friday June 12, 2026

REGISTRATION OPENS April 6th @ 12:01am

<p><b>Monday</b></p> <p><i>No programs on Monday Mornings</i></p>	<p><b>Tuesday</b></p> <p>9:15-10:00 Shadow            9:15-10:00 3,4,5 years            9:15-10:00 HardCore PK!  <i>w/ Coach John</i></p> <p>10:15-11:00 3,4,5 years            10:15-12:00 Shadow</p> <p>11:15-12:00 3,4,5 years</p> <p>12:00-1:00 <b>OPEN GYM</b>  <i>all ages!</i></p> <p>1:15-2:00 3,4,5 years            1:15-2:00 Shadow</p> <p>2:15-3:00 3,4,5 years            2:15-3:00 Homeschool 6-10</p>	<p><b>Wednesday</b></p> <p>9:15-10:00 Shadow            9:15-10:00 3,4,5 years</p> <p>10:15-11:00 Shadow</p> <p>11:15-12:00 3,4,5 Years</p> <p>12:15-1:00 3,4,5 years</p> <p>1:15-2:00 3,4,5 Years</p> <p>2:00-3:00 <b>OPEN GYM</b>  <i>All ages!</i></p>
<p><b>Thursday</b></p> <p>9:15-10:00 Shadow            9:15-10:00 3,4,5 Years</p> <p>10:15-11:00 3,4,5 Years</p> <p>11:15-12:00 Shadow</p> <p>12:00-1:00 <b>OPEN GYM</b>  <i>all ages!</i></p> <p>1:15-2:00 3,4,5 years</p> <p>2:15-3:00 3,4,5 Years</p>	<p><b>Friday</b></p> <p>9:15-10:00 Shadow            9:15-10:00 3,4,5 years</p> <p>10:15-11:00 Shadow            10:15-11:00 3,4,5 Years</p> <p>11:15-12:00 3,4,5 Years</p> <p>12:15-1:00 3,4,5 years</p> <p>1:15-2:00 3,4,5 years            1:15-2:00 Homeschool 6-10</p> <p>2:00-3:00 <b>Open Gym</b>  <i>All ages!</i></p>	<p><b>Saturday</b></p> <p>8:45-9:45 <b>Open Gym</b>  <i>Ages 5 &amp; Under</i></p>

**Class Costs; 7 week session \$175 (Me & My Shadow \$154)**

*Must be age eligible on the first day of session to enroll. Classes may be canceled due to insufficient sign ups.*

**Me & My Shadow** - 18m - 3 years. Caregiver accompanied class.

**3,4,5 Classes**- Independent from parent. (Large classes may be split into 2 groups based on age/ability level)

**\*\*NEW - HardCore PK w/ Coach John** - 3-5 Year Olds - recommended for students who have previously enrolled in an NLG gymnastics class. Students will work on additional strength and skills!

*Cash/check payments preferred - Get a \$10 discount when paying via cash/check! Please mail in or drop off cash/check payments to the office. \$20 Registration Fee applied annually to all students. Payment is required in full upon the first class.*